

# COMMENT OBTENIR DE LA NOURRITURE?

## Comment obtenir de la nourriture?

### Provisions

#### DIMANCHE

Stroudwater Christian Church, 13-15h

#### LUNDI

St. Vincent de Paul, 11-12h30

Salvation Army, 1-2:30 PM

#### MARDI

Sacred Heart Catholic Church, 8-11h

Sagamore Village, 10-11h

St. Vincent de Paul, 11-12:30h

Project FEED, 13-15h

Preble Street, 13h30-4h

#### MERCREDI

First Baptist Church 11h

St. Vincent de Paul 11AM-12h30

Salvation Army, 13-14h30

Project FEED, 13-15h

Preble Street, 13h30-16h

White Memorial Church, 16h30-18h

Wayside in the West End, 11h (le troisième mercredi)

#### JEUDI

St. Luke's Cathedral, 9-11h

St. Vincent de Paul, 11-12h30

Project FEED, 13-15h

Preble Street, 13h30-16h

Wayside in East Bayside, 11h (le premier jeudi)

Wayside at Washington Gardens, 10h30 (le deuxième jeudi)

#### VENDREDI

St. Vincent de Paul, 11h-12h30

Salvation Army, 13-14h30

Preble Street, 13h30-16h

#### SAMDEI

First Assembly of God, 13-16h

### Repas communautaires

#### DIMANCHE

Preble Street Mobile Food Services, 9-10h30 & 15h15-16h45

#### LUNDI

Preble Street Mobile Food Services, 9-10h30 & 15h15-16h45

St. Vincent de Paul, 11h

Woodfords Congregational Church, 12hr

#### MARDI

Preble Street Mobile Food Services, 9-10h30 & 15h15-16h45

St. Vincent de Paul, 11h

#### MERCREDI

Preble Street Mobile Food Services, 9-10h30 & 15h15-16h45

St. Vincent de Paul, 11h

#### JEUDI

Preble Street Mobile Food Services, 9-10h30 & 15h15-16h45

St. Vincent de Paul, 11h

Congress Square Apartments, 14h

Deering Center Community Church, 17h30

#### VENDREDI

Preble Street Mobile Food Services, 9-10h30 & 15h15-16h45

St. Vincent de Paul, 11h

#### DIMANCHE

Preble Street Mobile Food Services, 9-10h30 & 15h15-16h45

### Aide en espèces

**Department of Health and Human Services  
TANF, SNAP, WIC**

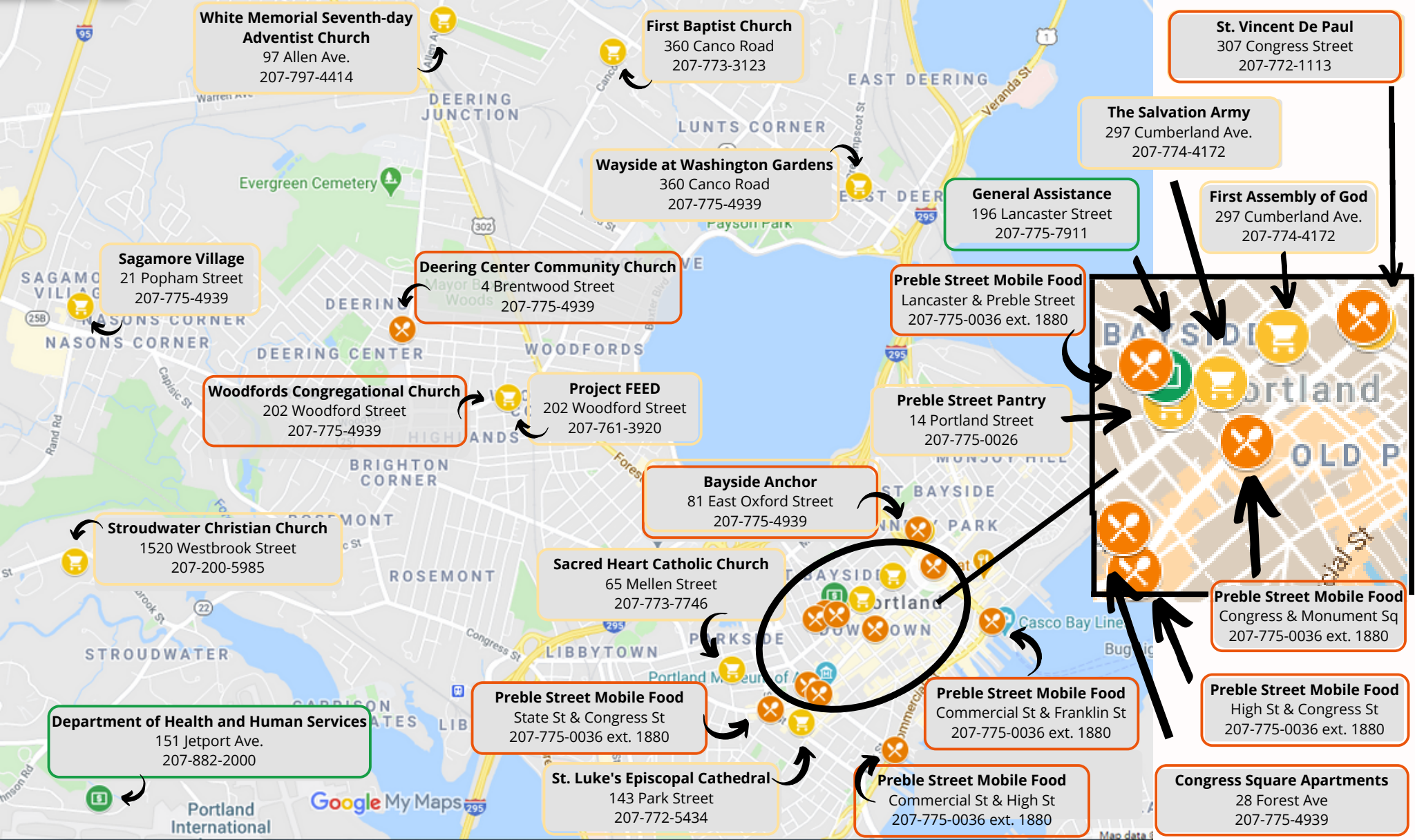
(207) 822-2000

<https://www.maine.gov/dhhs/>

**City of Portland: General Assistance**

(207) 775-7911

<https://www.portlandmaine.gov/225/Social-Services>



2022

For updates and more information visit  
[www.waysidemaine.org](http://www.waysidemaine.org)

